

HOW TO **FLY SAFELY?**

As a professional circus artist or recreational circus enthusiast, you often come in different spaces to train or perform. The most important question is always, is it safe to fly? And that is not always so easy to assess. Your life is literally on the line. How do you know it is safe?

This two day training will change everything. Under the inspiring guidance of Bryan Donaldson of High Performance Rigging, you will learn to assess if there are any red flags in a rigging situation. The training is given in English.

Calculating different Loads

Useful definitions such as MBS, WLL, KN, DF and how to convert

Automation

Can you safely use winches and keychain hoist to hang a flying performer at a venue?

Knowing your equipment

Sourcing the best equipment for the job and using it properly.

Different types of access

Working with rope access, MEWP access, Scaffold towers

YOUR TRAINER **BRYAN DONALDSON**

As owner of High Performance rigging, Bryan years of experience, both as performer and as Rigger. He has worked for Cirque du Solei, BBC, Disney, HBO, Billy Elliot and many others



including complete manual 🗸 including digital content

THEORETICAL AND PRACTICAL

Two half days are reserved for practical application of what you have learned on the studio floor of Circus Studio Rotterdam:

- Rescue at Height
 Assessing, planning and safely executing rescue situations.
- Measure your show How to use a load cell to know the exact force you generate?



Download our training prospectus from our website for the full program

STANDARDS, LEGAL AND LAW

What is the applicable legislation for rigging, what are good standards and what are the best practices you can use



Risk assessment

Understanding all the risks and mitigating them.



Inspecting, testing

Making sure everything is well documented.



Planning

Rigging plans, Technical Riders and rescue plans



No more guessing.....



Perform with the confidence that you know the exact force of your show.



Contact Us



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platform, Gymdesk.